



Alexandria Recreation, Parks
and Cultural Activities



POWER ON!

Summer 2010
Camps and Activities Guide



2 TABLE OF CONTENTS

Welcome to the 2010 City of Alexandria, Recreation Summer Camp Programs, where we are going to *Power-On to the Summer!* We offer diverse and fun filled summer camp programs for youth ages 3-17.

In this guide you will find a wide variety of summer programs. Kids can fill their summer with playing with robots, kicking a soccer ball, swimming and walking through nature just to name a few. Registration for all programs begins Wednesday, March 31.

Our highly trained staff looks forward to spending time with your children and teens this summer!



Summer & General Camps	3
Sports Camp	
Day Camp	
Gap Camp	
Specialty Sports Camps	4
Challenger British Soccer	
Tennis	
Tiny Tots Tennis	
Basketball	
Dynamo Elite Soccer	
Baseball	
River Riders	
Counselor in Training	6
Sports Camp	
Day Camp	
Performing & Visual Arts Camps	7
Ballet Camps	
Fashion Fun Camp	
Cartooning Camp	
Abrakodoodle Camps	
Science & Nature Camps	8
Robots & Raptors Camp	
Naturalist Camps	
Science Adventure Camp	
Preschool Camps	9
Bitty Bots & Brontosaurus Camp	
Prince & Princesses Camp	
Before & After Care	9
Camps at Chinquapin Center	
Day Camp at George Mason	
Power On to the Arts	10
Alexandria City Community Theatre (ACCT)	
Neighborhood Centers	
Playgrounds in the Park	
Therapeutic Recreation	11
Teens	12
Youth Sports	14
Helpful Information	15

SUMMER & GENERAL CAMPS

3



Summer Camps

Registration begins March 31 for residents of the City of Alexandria; April 2nd for non-residents.

For additional information call 703.746.5414, email registerARPCA@alexandriava.gov or visit us at alexandriava.gov/recreation.

Early Registration Discount: Sports, Day, Tennis. Tiny Tots Tennis, Ballet and Gap Camp paid in full prior to April 5th receive \$10.00 discount per camp session. (Excluded before & after care and CITs) Non residents add \$25.00 per camper for each camp session. (excluded before & after care)

Financial assistance: Requests MUST be received at least two weeks prior to the start of a camp session. Forms are available at the Lee Center, 1108 Jefferson St. Financial assistance forms must be submitted with a registration form indicating the camp(s) of interest and documentation that demonstrates need (reduced lunch form, TANIF or Food Stamps documentation).

Before & After Care is available for all full day camps located at George Mason Elementary School (Day Camp) and Chinguapin Recreation Center. Refer to Before & After Care Section for more information.

General Camps

Sports Camp

Chinguapin Park Recreation Center, 3210 King St.

Ages 6-12. Sports Camp has something extra to give your sport enthusiast. This coed sports and fitness camp features in-depth instruction on a new sport each week. Sport of the week is determined by staff in mid June. Campers swim daily. Camp forms are mailed prior to the start of summer camp and must be returned to the Lee Center one week before the camp session begins. No camp 7/5. Min. 20/Max 55.

Registration: alexandriava.gov/recreation or call 703.746.5414 for information.

140400-01	9am-4pm	6/28-7/2	\$160
140400-02	9am-4pm	7/6-7/9	\$128
140400-03	9am-4pm	7/12-7/16	\$160
140400-04	9am-4pm	7/19-7/23	\$160
140400-05	9am-4pm	7/26-7/30	\$160
140400-06	9am-4pm	8/2-8/6	\$160
140400-07	9am-4pm	8/9-8/13	\$160
140400-08	9am-4pm	8/16-8/20	\$160

Day Camp

George Mason Elem. School, 2601 Cameron Mills Rd.

Ages 6-12. Day camp offers a variety of activities to fit any child's needs. Your child is involved in a variety of games, sports, field trips, swimming, arts and crafts and other fun and exciting activities. Camp forms are mailed prior to the start of summer camp and must be returned to the Lee Center one week before the camp session begins. No camp 7/5. Min. 20/Max 55.

Registration: alexandriava.gov/recreation or call 703.746.5414 for information.

140401-01	9am-4pm	6/28-7/2	\$160
140401-02	9am-4pm	7/6-7/9	\$128
140401-03	9am-4pm	7/12-7/16	\$160
140401-04	9am-4pm	7/19-7/23	\$160
140401-05	9am-4pm	7/26-7/30	\$160
140401-06	9am-4pm	8/2-8/6	\$160
140401-07	9am-4pm	8/9-8/13	\$160
140401-08	9am-4pm	8/16-8/20	\$160

Gap Camp

Chinguapin Park Recreation Center, 3210 King St.

Ages 6-12. Finish the summer with a bang! Gap Camp offers a variety of activities, such as arts and crafts, games, movies and sports. Each day includes a swim in the Chinguapin Rixse Pool. Min. 20/Max 55.

Registration: alexandriava.gov/recreation or call 703.746.5414 for information.

140406-01	9am-4pm	8/23-8/27	\$180
140406-02	9am-4pm	8/30-9/3	\$180

for more information, visit
alexandriava.gov/Recreation

Specialty Sports Camps

Challenger Soccer

Chinquapin Park Recreation Center, 3210 King St. Ages 3-16. British Soccer Camps provide young players with the rare opportunity to receive high-level soccer coaching from a team of international experts right in the heart of their own community. Each British Soccer Camp provides players of all ages and abilities the appropriate program and level of curriculum. Each day includes individual foot skills, technical drills, tactical practices, small-sided games, coached scrimmages, and a daily tournament. Equally important, the Challenger coaching staff provides your child with lessons in self-discipline, good sportsmanship and respect for others and for the game. With each week-long camp, your child will get a Challenger soccer ball, camp shirt and camp award. Plus an evaluation, daily individual skill development, coached scrimmages, daily World Cup Tournament, daily Camp break activities, and a closing ceremony. Register online 45 days before the session starts and get a FREE soccer jersey. Non residents add \$25 per camper for each camp session. Min. 4/Max 24. Mon-Fri.



Registration: challengersports.com or call 1.800.878.2167, ext. 239

Ages 3 & 4 First Kicks

6/28-7/2	10:45-11:45am	\$80
7/12-7/16	10:45-11:45am	\$80
7/19-7/23	10:45-11:45am	\$80
8/2-8/6	10:45-11:45am	\$80
8/9-8/13	10:45-11:45am	\$80
8/23-8/27	10:45-11:45am	\$80
8/30-9/3	10:45-11:45am	\$80

Ages 5 & 6-Mini Soccer

6/28-7/2	9-10:30am	\$97
7/12-7/16	9-10:30am	\$97
7/19-7/23	9-10:30am	\$97
8/2-8/6	9-10:30am	\$97
8/9-8/13	9-10:30am	\$97
8/23-8/27	9-10:30am	\$97
8/30-9/3	9-10:30am	\$97

Ages 6-16-Half Day Development Program

6/28-7/2	9am-12pm	\$125
7/12-7/16	9am-12pm	\$125
7/19-7/23	9am-12pm	\$125
8/2-8/6	9am-12pm	\$125
8/9-8/13	9am-12pm	\$125
8/23-8/27	9am-12pm	\$125
8/30-9/3	9am-12pm	\$125

Ages 6-16-Full Day Development Program

6/28-7/2	9am-4pm	\$175
7/12-7/16	9am-4pm	\$175
7/19-7/23	9am-4pm	\$175
8/2-8/6	9am-4pm	\$175
8/9-8/13	9am-4pm	\$175
8/23-8/27	9am-4pm	\$175
8/30-9/3	9am-4pm	\$175

Tennis Camp Half Day

Chinquapin Park Recreation Center, 3210 King St.

Ages 6-13. Cosponsored with Mel Labat and Tennis On The Move. An excellent program geared to fun and good tennis in a group situation. The skills, activities and drills are designed for class groups of 10 students with one counselor/teacher. Min. 12/Max 38.

Registration: alexandriava.gov/recreation or call 703.746.5414 for information.

140402-01	9am-12pm	7/26-7/30	\$220
140402-02	9am-12pm	8/16-8/20	\$220

Tennis Camp

Chinquapin Park Recreation Center, 3210 King St.

Ages 6-13. Cosponsored with Mel Labat and Tennis On The Move. An excellent program geared to fun and good tennis in a group situation. The skills, activities and drills are designed for class groups of 10 students with one counselor/teacher. Daily swim in the Rixse Pool. Instructor Mel Labat-Tennis on the Move. Min. 12/Max 38.

Registration: alexandriava.gov/recreation or call 703.746.5414.

140403-01	9am-4pm	7/26-7/30	\$290
140403-02	9am-4pm	8/16-8/20	\$290

Tiny Tots Tennis Camp

Chinquapin Park Recreation Center, 3210 King St.

Ages 4-5. Cosponsored with Mel Labat and Tennis On The Move. Tots learn fundamental tennis skills while gaining socialization skills with peers. Daily swim in the wading section of the Rixse Pool. Campers must be completely potty-trained. Instructor Mel Labat-Tennis on the Move. No camp 7/5. Min. 25/Max 40.

Registration: alexandriava.gov/recreation or call 703.746.5414 for information.

140404-01	9am-1pm	7/6-7/9	\$200
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Washington Mystics Basketball Camp

William Ramsay Rec. Center 5650 Sanger Ave.

Professional instruction emphasizing the proper technique of individual skills and the development of fundamentals in basketball. Campers will work on various skills such as: ball-handling, passing, shooting, rebounding, defense, and team concepts. Our primary focus is teaching campers the skills and techniques needed to become better basketball players, both individually and as part of a team. Mon.-Fri.

Registration: WashingtonMystics.com/Camps or call 202.527.7503.

9am-1pm	7/12-7/16	\$210
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House of Hoops Basketball Camp

Location TBD

Ages 7-14. The House of Hoops Basketball Camps are some of the most well structured, basketball fundamental centered, and exciting camps in the area. If your child has a love for the game of basketball they don't want to miss this camp. All of The House of Hoops coaches have playing and/or coaching experience on higher levels of basketball ranging from high school to the NBA. Your child will walk away from this camp with improved skills, greater knowledge, and a heightened passion for the game of basketball. Min. 10/Max 40. Mon.-Fri.

140448-01 Dates, time & locations TBD.
Check alexandriava.gov/recreation in April for more information.

Dynamo Elite Soccer

Ben Brenman Park, 4800 Brenman Park Drive

Ages 8-16. The camps provide players with quality personalized/small group training to help each player grow to their full potential. Players will gain renewed energy, enthusiasm for the game and improved self-confidence-all keys to a players' growth. The camps are directed by Ryan Quinn, Director of Coaching and Player Development for the Alexandria Soccer Association. "Our goal is to create a FUN and challenging environment for players. We encourage players to aim high and try things outside their comfort zone. Allowing players to be creative, dynamic and self-expressive will help them grow and develop. We expect players to leave camp with refined technique, new skills and a renewed passion for soccer." Goalkeeper training will also be provided at the camp for players who are interested. Min. 15/Max 60. Mon.-Fri.

Registration: dynamoelite.com or call 703.795.1165.

9am-3pm	7/26-7/30	\$275
9am-3pm	8/2-8/6	\$275
9am-3pm	8/9-8/13	\$275

Alexandria Half Day Baseball

Simpson Stadium, 500 Monroe Ave

Ages 5-6. Fun skill development includes hitting, base running, fielding, throwing, and catching. Group interaction, cooperation, and team play emphasized. Games held each day. 6:1 player to coach ratio in this program! This camp provides an enjoyable, well

structured learning experience for all skill levels. The Virginia Baseball Club has been running this popular program at Simpson Park since 1997. Min. 8/Max 16. Mon.-Fri.

Registration: VBC.com email questions@goVBC.com or call 703.698.5599.

9am-12pm	6/28-7/2	\$120
9am-12pm	7/12-7/16	\$120
9am-12pm	7/19-7/23	\$120
9am-12pm	8/23-8/27	\$120

Alexandria Baseball Camp

Ages 7-12. Diamonds are a kids' best friend . . . baseball diamonds that is! This popular camp, run by the Virginia Baseball Club since 1997, is ideal for players who love America's favorite pastime. The seasoned staff of high school coaches and certified public school educators provides an enjoyable, well structured learning experience for all skill levels. Min. 15/Max 30. Mon.-Fri.

Registration: VBC.com email questions@goVBC.com or call 703.698.5599.

9am-2pm	6/28-7/2	\$185
9am-2pm	7/12-7/16	\$185
9am-2pm	7/19-7/23	\$185
9am-2pm	8/23-8/27	\$185



"ESPERAMOS
MATRICULARSELO
EN VARIOS
PROGRAMAS ESTE
VERANO!"

6 COUNSELOR IN TRAINING



Counselor in Training (CIT)

Ages 13-17. Teens have an opportunity to work with younger children while under the supervision of a counselor. Teens must be responsible and enjoy working with children. No Camp 7/5. Min. 2/Max 8.

Registration: alexandriava.gov/recreation or call 703.746.5414 for information.

Sports Camp-Chinquapin, 3210 King St.

140407-01	9am-4pm	6/28-7/2	\$85
140407-02	9am-4pm	7/6-7/9	\$68
140407-03	9am-4pm	7/12-7/16	\$85
140407-04	9am-4pm	7/19-7/23	\$85
140407-05	9am-4pm	7/26-7/30	\$85
140407-06	9am-4pm	8/2-8/6	\$85
140407-07	9am-4pm	8/9-8/13	\$85
140407-08	9am-4pm	8/16-8/20	\$85

Day Camp-George Mason Elementary School, 2601 Cameron Mills Rd.

140408-01	9am-4pm	6/28-7/2	\$85
140408-02	9am-4pm	7/6-7/9	\$68
140408-03	9am-4pm	7/12-7/16	\$85
140408-04	9am-4pm	7/19-7/23	\$85
140408-05	9am-4pm	7/26-7/30	\$85
140408-06	9am-4pm	8/2-8/6	\$85
140408-07	9am-4pm	8/9-8/13	\$85
140408-08	9am-4pm	8/16-8/20	\$85

for more information, visit
alexandriava.gov/Recreation

"MY DAUGHTER LOVES
THE RECREATION
DEPARTMENT CAMPS.
THE COUNSELORS
ARE FANTASTIC AND
CREATE AN ATMOSPHERE OF
ENTHUSIASM, SUPPORT
AND FUN!"

PERFORMING & VISUAL ARTS CAMPS 7

Performing & Visual Arts Camps

Fancy Nancy Ballet Camp

Durant Center, 1605 Cameron St.

Ages 3-5. Fun, fabulous and fantastic--Fancy Nancy is NEVER plain! Each day an exciting new story will be read and performed in marvelous costumes, a delicious snack will be served and a creative craft will be constructed. Friends and family are invited to join us for a recital on the last day of camp. Girls should wear leotards, tights and ballet slippers of any color. Boys should wear a tee shirt, sweat pants and ballet shoes of any color. Instructor Tiny Dancers. Min. 4/Max 10.

Registration: alexandriava.gov/recreation or call 703.746.5414 for information.

140414-01	10am-12pm	8/2-8/6	\$200
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Tutus & Tiaras Ballet Camp

Durant Center, 1605 Cameron St.

Ages 3-5. Our favorite ballerinas join with our most loved princesses for a week filled with sparkle and delight. Each day a new story will be read and performed, and a snack and theme related craft will be offered. Join us on the last day of camp for a recital with friends and family. Girls should wear leotards, tights and ballet slippers of any color. Boys should wear a tee shirt, sweat pants and ballet shoes of any color. Instructor Tiny Dancers. Min. 4/Max 10.

Registration: alexandriava.gov/recreation or call 703.746.5414 for information.

140415-01	10am-12pm	8/16-8/20	\$200
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Angelina Ballerina Camp

Ages 3-5. Join everyone's favorite mouse as she dances her way into your heart with a selection of her wonderful stories. Each day brings an exciting new adventure with Angelina and her family and friends as we interpret the story through dance. Ballet instruction, snack and a theme related craft will be included each day, with a recital on the last day of camp. Girls should wear leotards, tights and ballet slippers of any color. Boys should wear a tee shirt, sweat pants and ballet shoes of any color. Instructor Tiny Dancers. Min. 4/Max 10.

Registration: alexandriava.gov/recreation or call 703.746.5414 for information.

140418-01	10am-12pm	7/6-7/9	\$160
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Fashion Fun Camp

Durant Center, 1605 Cameron St.

Ages: 6-14. Fashionistas unite to explore your creativity. Students will sew, knit, build a stuffed "friend", and learn the science behind the cosmetics. Age appropriate beauty and makeup techniques will be taught. The camp will culminate with a fashion expo day. Students must bring lunch, a light snack, a labeled water bottle.

Wearing your cutest casual outfits is encouraged. Campers will also have fun playing fitness games, board games, and watching themed movies during free time. Min. 15/Max 32. Mon.-Fri.

Registration: wormackproductionsandcreations.com, wormackproductions@comcast.net, or 703.393.9725.

9am-4pm	7/19-7/23	\$225
9am-4pm	7/26-7/30	\$225

Cartooning Character Studio Camp

Durant Center, 1605 Cameron St.

Ages 6-14. Young artists unite to explore your creativity. Students will practice various genre of animation and put together their own animated short film. Students must bring lunch, a light snack, a labeled water bottle. Art supplies are included in camp fee. Campers will also have fun playing fitness games, board games, and watching themed movies during free time. Min. 8/Max 25. Mon.-Fri.

Registration: wormackproductionsandcreations.com, wormackproductions@comcast.net, or 703.393.9725.

9am-4pm	7/19-7/23	\$250
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Abrakadoodle Mix, Mold & Matisse for Doodlers

Durant Center, 1605 Cameron St.

Ages 6-12. The Letter "M" rules in this Abrakadoodle camp. We'll Mix colors, explore pearl-like Mediums and design special effects to create fun and shimmering art. We'll Mold Modeling compounds and Make butterflies and other insects. We'll Make our own cutouts like Matisse. We'll learn the Mechanics of the art of Marbleizing and More! Come have a Marvelous time!

Min. 10/Max 25. Mon.-Fri.

Registration: abrakadoodle.com or call 703.538.4ART.

9am-3pm	7/12-7/16	\$285
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Abrakadoodle Portfolio Kids, Media Mania for Mini Doodlers

Durant Center, 1605 Cameron St.

Ages 3-6. Students will develop a portfolio of work using a variety of mediums. Exploring paints such as watercolors, tempera and acrylics, pastels, papers and Model Magic and even photography will lead the way in discovering new and exciting techniques in art creation. Many master and contemporary artists will be studied along with appropriate art vocabulary. All students will create their very own portfolio to safeguard all of their masterpieces.

Min. 10/Max 20. Mon.-Fri.

Registration: abrakadoodle.com or call 703.538.4ART.

9am-12pm	8/23-8/27	\$190
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continued...

8 SCIENCE & NATURE CAMPS

performing & visual arts camps, cont'd...

Abakadoodle—Really Big, Gigantic and Teeny Tiny Art!

Durant Center, 1605 Cameron St.

Ages 6-12. It's all about scale in this creative camp that will delight kids as they create art that challenges dimensions from enormous to miniature. Our creative ideas flow as we create Cool Globes inspired by the Cool Globe Project that is touring around the world. We learn about saving our planet and create awe-inspiring art. We learn about glass sculpture and Dale Chihuly who creates masterpieces with glass and color. We'll make both a gigantic sculpture and small sculptures using recycled products. We'll be making murals, geometric sculptures and much more. We're not a teeny, tiny bit shy about saying that this camp promises big, gigantic, huge, and rewarding FUN. Min. 10/Max 20. Mon.-Fri.

Registration: abakadoodle.com or call 703.538.4ART.

9am-3pm	8/30-9/3	\$285
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Science & Nature Camps

Robots & Raptors Camp

Ages: 6-14. Young inventors and scientists will use motorized robotic systems to study herpetology, biomechanics and robotics. Other games, experiments, and demonstrations will focus on basic physics and chemistry. The camp will culminate with an expo day. Students must bring lunch, a light snack, a labeled water bottle and wear sneakers. Campers will also have fun playing video games, board games, and watching themed movies during free time. Min. 15/Max 25. Mon.-Fri.

Registration: wormackproductionsandcreations.com, wormackproductions@comcast.net, or 703.393.9725.

Durant Center, 1605 Cameron St.

9am-4pm	6/28-7/2	\$225
9am-4pm	7/26-7/30	\$225
9am-4pm	8/9-8/13	\$225

Nannie J. Lee, 1108 Jefferson St.

9am-4pm	7/6-7/9	\$180
9am-4pm	8/16-8/20	\$225

Naturalist Camps

Jermone "Buddie" Ford Nature Center, 5750 Sanger Ave.

It's time to once again register for Summer Nature Day Camp! Theme based nature camps are offered for children ages 5-10. Camps feature great looking tee shirts, games and prizes, field trips, live animals, take home crafts and much more!

Registration or additional information: alexandriava.gov/recreation or call the Nature Center at 703.746.5559, beginning March 31.

Budding Naturalist Camp, K-1st Grade. Wed.-Fri.

200402-02	1-3pm	6/23-6/25	\$85
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200402-03	1-3pm	7/19-7/21	\$85
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Jr. Naturalist Camp, 2nd-4th Grade

200303-02	9am-12pm	6/8-7/2	\$95
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200303-03	9am-12pm	7/26-7/30	\$95
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Science Adventure Camp

Jermone "Buddie" Ford Nature Center, 5750 Sanger Ave.

Ages K-6th Grade. This summer, Science Adventures Inc. will be offering a series of week-long camps in the science room of the Jerome "Buddie" Ford Nature Center.

Registration and fee information: please visit ScienceAdventures.com or call toll free 1.888.458.1812.

Times: Full Day 9am-3:30pm, Half Day 9am-12pm

Dates	Camp Theme
8/9-8/13	Space & Rocketry
8/16-8/20	Gizmo's Robot Factory
8/23-8/27	Mystery of the Pharaoh's Treasure



Preschool Camps

Bitty Bots & Brontosaurus Preschool Camp

Durant Center, 1605 Cameron St.

Ages 2-5. Preschool Inventors will learn about herpetology, physics, and biomechanics through interactive stories, crafts, science experiments, and active games. Students will build various animal bots using robot systems and building systems. Bring a snack and a labeled water bottle. Please wear sneakers and play clothes. Caregiver must be available within 20 minutes for children who are not potty trained or do not separate easily. Min. 15/Max 25. Mon.-Fri.

Registration: wormackproductionsandcreations.com, wormackproductions@comcast.net, or 703.393.9725.

9:30am-1pm 6/28-7/2 \$150

Prince & Princesses Preschool

Durant Center, 1605 Cameron St.

Ages 3 -8. Students will practice etiquette, learn about other customs, sign language, and do lots of arts and crafts becoming of royalty. The camp is designed to promote positive socialization, multi-lingual awareness, and self esteem. Bring a snack and a labeled water bottle. Min. 25/Max 8. Mon.-Fri.

Registration: wormackproductionsandcreations.com, wormackproductions@comcast.net, or 703.393.9725.

9:30am-1:30pm 8/9-8/13 \$150

More preschool camps on Page 7!

Before & After Care

Before Care

Ages 6-12. Need a little extra time in the morning? A supervised camp program, so you can get to work or home on time is available. Activities include arts and crafts, movies and games. No camp 7/5. Min. 10/Max 35. Mon.-Fri.

Registration: alexandriava.gov/recreation or call 703.746.5414 for information.

Chinquapin-all camps held at Chinquapin, 3210 King St.

140410-01	7-9am	6/28-7/2	\$50
140410-02	7-9am	7/6-7/9	\$40
140410-03	7-9am	7/12-7/16	\$50
140410-04	7-9am	7/19-7/23	\$50
140410-05	7-9am	7/26-7/30	\$50
140410-06	7-9am	8/2-8/6	\$50
140410-07	7-9am	8/9-8/13	\$50
140410-08	7-9am	8/16-8/20	\$50
140410-09	7-9am	8/23-8/27	\$50
140410-10	7-9am	8/30-9/3	\$50

Day Camp-George Mason Elementary School, 2601 Cameron Mills Rd.

140411-01	7-9am	6/28-7/2	Gd. 5	\$50
140411-02	7-9am	7/6-7/9	Gd. 4	\$40
140411-03	7-9am	7/12-7/16	Gd. 5	\$50
140411-04	7-9am	7/19-7/23	Gd. 5	\$50
140411-05	7-9am	7/26-7/30	Gd. 5	\$50
140411-06	7-9am	8/2-8/6	Gd. 5	\$50
140411-07	7-9am	8/9-8/13	Gd. 5	\$50
140411-08	7-9am	8/16-8/20	Gd. 5	\$50

After Care

Ages 6-12. Need a little extra time in the evening? A supervised camp program, so you can get to work or home on time is available. Activities include arts and crafts and games. Min. 5/Max 50.

Registration: alexandriava.gov/recreation or call 703.746.5414 for information.

Chinquapin-all camps held at Chinquapin, 3210 King St.

140412-01	4-6pm	6/28-7/2	\$50
140412-02	4-6pm	7/6-7/9	\$40
140412-03	4-6pm	7/12-7/16	\$50
140412-04	4-6pm	7/19-7/23	\$50
140412-05	4-6pm	7/26-7/30	\$50
140412-06	4-6pm	8/2-8/6	\$50
140412-07	4-6pm	8/9-8/13	\$50
140412-08	4-6pm	8/16-8/20	\$50
140412-09	4-6pm	8/23-8/27	\$50
140412-10	4-6pm	8/30-9/3	\$50

Day Camp-George Mason Elementary School, 2601 Cameron Mills Rd.

140413-01	4-6pm	6/28-7/2	\$50
140413-02	4-6pm	7/6-7/9	\$40
140413-03	4-6pm	7/12-7/16	\$50
140413-04	4-6pm	7/19-7/23	\$50
140413-05	4-6pm	7/26-7/30	\$50
140413-06	4-6pm	8/2-8/6	\$50
140413-07	4-6pm	8/9-8/13	\$50
140413-08	4-6pm	8/16-8/20	\$50

for more information, visit
alexandriava.gov/Recreation

10 POWER-ON TO THE ARTS

Power-On to the Arts



"The Arts in American Culture" will be the focus of the activities and programs for the "Power-On" Out of School Time Summer Program.

As public funding for the arts declines and as the schools reduce the number of arts programs they are able to offer, it is important to find creative ways to keep music and the arts in the lives of children. Arts programs help to develop self-esteem, cooperation, and appreciation for the work of others, as well as to provide opportunities for self expression, cultural understanding, and to cultivate critical thinking skills. Our fast paced, ever-changing world will require our future leaders to be creative and imaginative problem- solvers. And perhaps most importantly, children experience the excitement that comes from expressing their personal creativity and imagination and putting it on display for others to see and enjoy!

Each of our Out of School Time Programs will spend two weeks exploring four areas of the arts including Music, Dance, Theater, and Visual Arts. Painting and drawing will lead to art shows and gallery displays; play-writing and prop/costume design will produce a stage play; and creating instruments and learning songs and dance will develop into a talent show. The possibilities are endless!

Alexandria City Community Theatre (ACCT)

The Mission of ACCT is to expose youth and community members to the theatre arts by way of performance opportunities and participation in on-going quality arts programming in the centers. This summer, ACCT's summer performance is going to highlight the magical years of Motown! It's a crowd pleaser, for sure. To register please contact Ms.Dilworth-Abdalla at 703.746.5533.

Neighborhood Centers

Ages 5-12 June 28-August 20 \$25
Program Hours: 9 am-5 pm. Pick up required by 6pm.

Join us at your Neighborhood Center as we Power-On to the Arts! Scheduled activities include programs in creative & performing arts, education & leisure activities, fine arts, sports, fitness & health, field trips, family events and much more! Children are encouraged to develop a sense of camaraderie, sportsmanship, and an understanding of teamwork. Counselors plan and lead activities while encouraging children to learn, grow and most importantly, to have fun! Children may be 5 years of age if they have completed kindergarten and are entering the first grade in the fall of 2010.

Centers are limited to Alexandria City residents only and are not a licensed day care. Center participants must sign in and out, however, they are free to come and leave the facility at anytime.

Registration: Packets are available at each neighborhood center on March 31.

*Before-Care 7-9am \$40/week
Available at Charles Houston, Cora Kelly, Mt. Vernon, Nannie J. Lee, Patrick Henry and William Ramsay with minimum enrollment.

Charles Barrett, 1115 Martha Custis Dr., 703.746.5551

Cora Kelly, 25 West Reed Ave., 703.746.5554

Nannie J. Lee, 1108 Jefferson St., 703.746.5550

Patrick Henry, 4643 Taney Ave., 703.746.5555

Charles Houston, 901 Wythe St., 703.746.5552

Mt. Vernon, 2701 Commonwealth Ave., 703.746.5556

William Ramsay, 5650 Sanger Ave., 703.746.5558

Playgrounds in the Park

Ages 5-12 June 28-August 20 9:30am-4pm. \$25

Games, Crafts, Trips, Swimming and More! Looking for leisurely summer activities for your children? The City's "Summer Playground Program" could be your answer. The Summer Playground Program offers supervised games, sports, crafts, field trips, Junior Red Cross clubs, Summer Reading Initiative and special events for hours of summertime fun! Eligibility: Children who are residents of the City of Alexandria and are between the ages of 6 to 12 years old are welcome to participate (children may be 5 years of age if they have completed kindergarten and will enter the 1st grade in the Fall 2010).

Registration: Parents may register children at the Lee Center Recreation Services Division office, 1108 Jefferson St., beginning March 31 or, space permitting, at their neighborhood site on or any time after June 28. Children may attend on a voluntary basis anytime during the playground's operating hours. Please note: Playgrounds will close in case of inclement weather, including excessive heat, for scheduled field trips, and for the July 4 holiday on July 5.

For more information call the Recreation Services Division Office at 703.746.5430.

Ben Brenman Park, 5000 Duke St.

Jefferson-Houston, 1501 Cameron St.

John Adams, 5651 Rayburn Ave.

MacArthur, 1101 Janneys Ln.

Tancil Court, Royal St. (Between Princess and Oronoco Streets)



Therapeutic Recreation

Summer Programs for Children with Disabilities

For information and registration call 703.746.5422

Seven weeks of summer fun for children with cognitive or developmental delays. Day Camp activities include crafts, games, music and movement, sports, swimming, field trips, and more. Qualified staff members with therapeutic recreation, special education or other related backgrounds, supervise campers. Registration begins March 31. Mon.-Fri.

Pre School Program-Ages 3-5 years | 8:30am-12pm

Session 1	6/28-7/09	8:30am-12pm	\$50.00
Session 2	7/12-7/23	8:30am-12pm	\$50.00
Session 3	7/26-8/06	8:30am-12pm	\$50.00
Session 4	8/09-8/13	8:30am-12pm	\$25.00

Camp Kaleidoscope (Ages 6-12) | Camp Teen Scene (Ages 13-17)

Session 1	6/28-7/09	9:30am-4pm	\$100.00
Session 2	7/12-7/23	9:30am-4pm	\$100.00
Session 3	7/26-8/06	9:30am-4pm	\$100.00
Session 4	8/09-8/13	9:30am-4pm	\$50.00

Please remember donations to the Therapeutic Recreation Program provides children with disabilities the opportunity to stay connected and involved in programs. All donations will directly assist families that need financial assistance. Contact the Therapeutic Recreation Program if you would like to make a donation.

Donations of \$10 or more will receive written confirmation of tax-deductible contribution.



"ANTONIO CAN
BARELY WAIT FOR
CAMP. THANK YOU
FOR PROVIDING
SUCH GREAT
OPTIONS AND
POSSIBILITIES!"



12 TEEN PROGRAMS

Teen Adventure Days with River Riders

To register: visit riverriders.com/alexandria or call 800.326.7238.

Join River Riders on select Tuesdays, Wednesdays, and Thursdays during your summer break for outdoor excitement near historical Harpers Ferry, WV. This special offer includes shuttle transportation to and from Chingapin Park Recreation Center, an outdoor recreation adventure each day, as well as lunch! Teens need only bring themselves and appropriate clothing; River Riders will take care of the rest! These programs are specially designed to suit the interests of teens ages 9-17. Please note, some activities have minimum age requirements, see activity descriptions for details. All trips incorporate beginner to intermediate level activities, include lunch, and are lead by certified guides.

Activities run 3 days a week. Shuttle departs from the Chingapin Park Recreation Center at 9 am, and returns to the center at 5 pm. Please arrive 15 minutes prior to departure and arrival. River Riders reserves the right to change any activity, location, or date in order to provide your child with the best experience possible.

Raft, Rope, and Ride

Ages 10-17. The most exciting selection of all the programs we offer, including white water rafting on the Shenandoah River, a n exciting ropes course at FLOC, and white water tubing on the Potomac River. With this week teens are able to paddle class I-III rapids, take on the challenge of ropes course, and will finish up the week with a fun, relaxing day in a tube on mild white water rapids. T, W, Th.

9am-5pm	July 13-15	\$159
9am-5pm	August 10-12	\$159

Wild Waters

Ages 9-17. Incorporate activities such as beginner to intermediate level white water rafting on the Shenandoah River, white water tubing, and guided white water kayaking on the scenic Upper Potomac River. Teens will increase their confidence by learning new water skills and will create memories with their peers that will last a life time. T, W, Th.

9am-5pm	July 20-22	\$139
9am-5pm	July 27-29	\$139
9am-5pm	August 17-19	\$139
9am-5pm	August 24-26	\$139

Overnight Adventures with River Riders

To register, visit riverriders.com/alexandria or call 800.326.7238.

Overnight Adventure Theme Week*

Ages 12-17. These weeks incorporate a variety of River Riders' most adventurous activities including: white water rafting, kayaking,

tubing, rock climbing, and high and low "roping"! This opportunity provides the ultimate experience for adventure seeking, environmentally concerned teens and will focus on developing eco-friendly living habits, Leave No Trace ethics, white water skills, and solid safety habits. Teens should plan on "roughing it" in the woods at FLOC in Harpers Ferry, WV for the week. Campers please meet at River Riders Inc in Harpers Ferry for camp check-in. Mon.-Fri.

July 12-16	Eco-Friendly Practices	\$399 (includes meals)
July 26-30	Campers vs. Wild	\$399 (includes meals)

Overnight Multi-Adventure Travel Week*

Ages 12-17. This week provides the opportunity for teens to experience class IV white water action at the Lower Youghiogheny in Ohio, PA and New River Gorge National Park in Fayetteville, WV. After meeting at River Riders in Harpers Ferry teens will travel to Ohio, PA to surf the stellar waves of the Lower Youghiogheny River. After all the action at the Yough, it's time to head down to Fayetteville, WV where the days will be filled with rock climbing and repelling, lake "water park" activities, and plenty of white water fun on the Upper and Lower New River. Only teens looking for extreme outdoor excitement need apply. Multi-Adventure Travel Week includes 5 days of fun, 4 nights of camping, and meals. Campers please meet at River Riders Inc in Harpers Ferry for camp check-in. Mon.-Fri.

August 9-13 \$499(includes meals)

** A selection of our offerings for Overnight Adventure Theme Weeks will be held at For the Love of Children, our not-for-profit partners in Outdoor Education. The cost of all overnight camps does not include shuttle to and from Chingapin Park. We ask that parents/legal guardians bring campers to River Riders in Harpers Ferry for camp check-in. Shuttle options are available for an additional \$40/per teen, minimum of 5 campers or \$200.*

Just-4-Teens

- Teen Office: 703.746.5410

Neighborhood Recreation Teen Programs

Mon.-Fri. 6:00pm-9:00pm

All 7 neighborhood recreation centers city-wide will offer scheduled age appropriate teen programs and activities throughout the summer for 6th grade through 12th grade residents. Contact your neighborhood center or the Teen Program Office for a brochure or schedule of activities. Registration and ID required.

Late Night Recreation

Every Friday & Saturday until 11pm
Cora Kelly Center, 25 W. Reed Ave. 703.746.5554
William Ramsay Center 5650 Sanger Ave. 703.746.5558
Every Monday through Saturday, 6pm until 11pm
Charles Houston Center 901 Wythe St. 703.746.5552

Summer Power-Up! Program

Power-Up! is a young teen program loaded with engaging and creative activities for youth who may feel that traditional summer camp programs are *bor-ing*! The age appropriate sports, games, arts & crafts and special events offered the kind of summer activities young teens can enjoy and parents can trust.

- Ages: 2009/10 School Year 6th-9th grade students. Upcoming 6th graders welcome.
- George Washington Middle School
- June 28-August 13, Mon.-Fri. 9:00am-5:00pm
- Participants must be City residents.
- Admission: \$25

"Super Teen Take Over" Summer Splash

Old Town Pool, 1609 Cameron St.

June 12, 6:30pm-9:00pm

Teens take over of Old Town pool with the first outdoor pool party of Summer 2010. Open swim, diving, refreshments, games, music, prizes and lots of fun in the water & sun.

End of Summer "Teen Take Over Extravaganza"

Friday, August 13th, 10:00am-3:00pm \$2

Teens will takeover the park while participating in group and individual challenges, games and various other activities. Participants will also enjoy lunch and great entertainment. Transportation provided.

Registration Deadline: July 24

Co Ed Kickball & Matball League

June 1-July 30

GAMES (every other week): June 1, 14, 28; July 12 & 26

Teens will have a great time competing against other Recreation Teen Programs in this indoor/outdoor tournament style leagues. All games are scheduled after 6pm. Teams will receive a game schedule after registering. Registration begins May 17th. Game schedule

available May 24th. Transportation provided for participants from neighborhood center by request.

Master Chef Cooking Program

July 5-31 \$4 per class

Teens will learn about healthier choices, food safety, basic kitchen skills and preparation. Information learned and shared in class will provide teens with basic knowledge to prepare and choose healthier snacks and meals. For class schedules and registration, go to alexandriava.gov/recreation and click *Teens*.

Airbrush This!

Students will have the opportunity to learn the basic fundamentals of the art of airbrush; the supplies and equipment used to create this style of art as well as types of career paths. This fun, creative art form is perfect for future artist, designers and want-to-be artist at heart. For more information about each session or to register, go to alexandriava.gov/recreation and click *Teens*. Register early, space is limited! Call the Teen office at 703.746.5410 for information on dates and fees.

Field Trips

- Teen Office: 703.746.5410

Water Country USA

July 10 7:00am-11:00pm

Registration Deadline: June 25

\$45 & spending money

Register early, space is limited!

Kings Dominion

July 19 9:00am-11:00pm

Registration Deadline: June 4

\$45 & spending money

Register early, space is limited!

Ocean City Beach

July 31 7:00am-11:00pm

Registration Deadline: July 9

\$40 & spending money

Register early, space is limited!



Youth Sports

- Youth Sports Office: 703.746.5402
- Youth Sports Hotline: 703.883.4697

Titans Youth Track & Field Club

Ages 7-14 **Registration: 3/15-5/15** **Fee: \$25**
The track club will represent the City of Alexandria and compete in local track meets held around the metropolitan area June-August. Club members will receive the basic skills and techniques of track and field with the emphasis placed on teamwork, sportsmanship, commitment and healthy competition. The Track Club will begin meeting in June. Limited space available. Club age is determined by the age of the participant as of July 31, 2010.

Hershey's Track & Field Youth Program

Ages 7-14 **Registration: 3/15-5/15** **Free**
City wide Track & Field Meet—Pre-registration required
Winners can advance through District, Regional, State and National Competitions. Participants can register at any city Recreation Center. The local track and field meet to be held on May 16. Youth can compete in the 50, 100, 200, 400, meter dash, 800 and 1600 meter run, 4 x 100 relay, Softball Throw and Standing Long Jump. Please Note: 7 & 8 year-olds will not advance beyond the City wide event. For additional information call 703.746.5402. Track clubs are formed at the neighborhood recreation centers for this program. Participant's age is determined by the age of the participant as of December 31, 2010.

Girls Field Hockey Program

Ages 10-14 yrs. **Registration: 3/15-5/31** **Fee: \$50**
This field hockey program is new and designed to expose the girls to this sport that is offered at the high school level. The season will run June 14-July 29. Program age is determined by the age of the participant as of July 31, 2010. Girls must provide their own field hockey sticks, goggles and mouthpieces.

Youth Non-Contact Rugby Program

Ages 6-10 yrs. **Registration: 3/15-5/31** **Fee: \$25**
The non-contact rugby program is designed to incorporate the basic rugby skills of running passing, team support and decision making in a physically safe and non-threatening environment. The program will be run in conjunction with the Alexandria Rugby Club with the teams competing in the Potomac Rugby Union League. The season will run June-August. Program age is determined by the age of the participant as of July 31, 2010.

Wahoo Youth Swim Team Program

Ages 6-18 **Registration: 3/15-5/15**
Practices: M-F beginning June 1
Chinquapin Pool.
The Wahoo Swim Program offers youth of all abilities the opportunity to develop their own unique potential. The program will promote individual achievement and team camaraderie

in an atmosphere of friendly competition. Developing and experienced swimmers alike can refine their freestyle, breaststroke, backstroke butterfly, turns and starts with an experienced coaching staff. Swim meets are scheduled every Saturday morning from mid-June through early August. Swimmers must be able to swim 25 meters (1 lap) continuously. The swim team participates in the Colonial Swim League. Participant's age is determined by the age of the participant as of June 15, 2010.

Fees: *City Residents: \$125-1st Child, \$100 for each Additional Child*
Nonresidents: \$150-1st Child, \$125 for each Additional Child
Colonial Swim League Insurance Fee: \$6.50

Alexandria Titans Youth Tackle Football

Ages 7-16 **Registration: 3/15-8/1** **Fee: \$25**
Team are formed in Anklebiter, 75, 85, 95, 110, 125 & 150 pound weight categories. Practices will begin in August with league play beginning in September. Teams participate in the Fairfax County Youth Football League (FCYFL). All players need a current Virginia



THE YOUTH SPORTS OFFICE IS CURRENTLY SEEKING VOLUNTEERS TO COACH YOUTH BASEBALL, SOFTBALL, SWIMMING, TRACK AND FIELD, FOOTBALL, BASKETBALL, CHEERLEADING AND VOLLEYBALL... CRIMINAL BACKGROUND CHECKS ARE REQUIRED BY ALL VOLUNTEER COACHES. COACHES ARE PROVIDED TRAINING OPPORTUNITIES FOR ADDITIONAL INFORMATION ON VOLUNTEER OPPORTUNITIES AND THE LEAGUES, CALL THE YOUTH SPORTS OFFICE.

DMV I.D. to play, which is required by the league. Participant's age is determined by the age of the participant as of October 1, 2010.

National Junior Tennis League Youth Tennis Program

Ages 8-18 **Registration: 5/1-6/15** *Fee: \$25*

This National Junior Tennis League (NJTL) program has classes that are formed for beginners to advanced. Tennis matches and tournaments are held between participants of the same skill level. Program operates: 6/28-7/27. The program will be run at the following sites only: George Mason, Patrick Henry and George Washington Middle School.

Co Ed Youth Basketball Fundamentals School

Ages: 5-12 **Registration: 3/15- 6/30** *Fee: \$40*

George Washington Middle School, 1005 Mt. Vernon Ave. Four (4) Saturday classes July 10-July 31. Classes are offered for one hour. Session A: Ages 5-6, Session B: Ages 7-9 & Session C: Ages 10-12. Registrations must be accompanied by a birth certificate. Space is limited, sign up early!

Summer Basketball League

Ages: 12-17 **Registration: 4/15-6/11** *Fee: \$25*

Teams are formed by a player skill assessment. Skill Assessment date: June 14. Games are played during the week beginning in late June. Copy of birth certificate required. Age as of June 1, 2010

Summer Instructional Baseball League

Ages: 6-8 **Registration: 5/1-6/15** *Fee: \$25*

The instructional league is designed to incorporate basic baseball skills of catching, throwing, hitting, running and learning the rules of the game in a safe and non-threatening environment. Age as of August 30, 2010. Practices and games are played during the week beginning in late June through July. Copy of birth certificate required

Youth Boxing Program

Ages 8-17 *Alexandria Boxing Club, Inc.*

The boxing program consists of training in eight disciplines, and all necessary equipment is provided. Registrations are accepted Mon-Fri, 6-8 pm at the Fred Smith Boxing Center at the Charles Houston Recreation Center. Parental permission required. For information about boxing and our new kick boxing class call 703.746.5552.

Youth Soccer

Ages 5-19 *Alexandria Soccer Association*

For additional information call 703.684.KICK or visit alexandriasoccer.com

Helpful Information

Summer Free Lunch for Youth

The Alexandria Department of recreation, Parks and Cultural Activities, will sponsor the USDA Summer Food Service Program. Free lunches and/or snacks will be provided to youth ages 18 and under, weekdays from June 28-August 20. Acceptance and participation in the program is the same for all regardless of race, color, national origin, gender or ability. It is anticipated that meals will be served at: Charles Houston, Cora Kelly, Mt. Vernon, Nannie J. Lee, Patrick Henry and William Ramsay Recreation Centers and various playground sites throughout the City for any City youth. Other organizations and locations receiving meals for individuals registered in their programs include the Alexandria Olympic Boys and Girls Club, Therapeutic Recreation and the Campagna Kids Summer Camp sites. For more information call the Recreation Services Division Office at 703.746.5430.

Fee Assistance Program for City Residents

The Department of Recreation, Parks and Cultural Activities encourages participation in City programs from all City residents. If you, a member of your family or a friend would like to participate in programs or activities sponsored by this Department and are in need of fee assistance in order to participate, please contact the sponsoring program office for more detailed information at least two weeks in advance. For general information, please call 703.746.5430 or (TTY) 703.838.4902

Refund Policy

Registrants may request a refund or household credit for classes/programs in writing to the Lee Center or by emailing registerar-pca@alexandriava.gov based on the following criteria. Refunds are not applied to credit cards. Please allow 4-6 weeks to receive a refund check.

- *A full refund or household credit may be requested in writing no later than five (5) days prior to the class/program start date.*
- *Credits in full will be applied to households if a class/program is cancelled by the Department of Recreation, Parks & Cultural Activities.*
- *Registrants dissatisfied with a class/pro-gram may request a refund/credit before the date of the second class/program start date. Refunds/credits will be applied to all remaining unattended dates less a processing fee of \$15 (\$25 for camps).*
- *Registrants unable to attend a class/pro-gram due to illness or injury may request a refund/credit within five (5) days of the last class attended and must include a doctor's note. Refunds/credits will be applied to all remaining unattended dates, less a processing fee of \$15 (\$25 for camps).*
- *Registrants unable to attend a class/program due to relocation of more than 20 miles from the City of Alexandria may request a refund/credit within five (5) days of the last class attended and must include proof of address change. Refunds will be applied to all remaining unattended dates, less a processing fee of \$15 (\$25 for camps).*
- *Refunds or credits are not issued for personal convenience or schedule conflicts.*



"Our mission is to be a vibrant, safe and attractive city of opportunity through the development of effective and efficient recreation programs, facilities and parks for all citizens and residents to enjoy."

Alexandria Recreation, Parks and Cultural Activities
1108 Jefferson St.
Alexandria, VA 22314
alexandriava.gov/Recreation